



SHAO-LINKUNG FU & TAI CHI "TENTATIVE" CLASS SCHEDULE

2024

SEPT

OCT

NOV

DEC

2024



Brown Belts: Luo Tien / Chan Ie "Descends from Heaven / Spreading of the Wings" Black Belts: Hei Hu Tao Hsin - "Black Tiger Yanks the Heart"

FESTIVALS & SEMINARS

SEPTEMBER

- CLASSICAL PA KUA SUN & MOON FORKS
(Advanced Taoist Internal Double Weapons!)
- TaMo's I CHIN CHING - Classical Chi Kung Training
Original 1,500 Year Old MUSCLE TENDON CHANGE Classic
- HSING I LIU HE' KUEN
WuDang Internal Weapon: Hsing-I SIX Harmonies Staff
- **ALBUQUERQUE, NM ELDER MASTER ANNUAL VISIT
WHITE SNAKE Battles the EVIL MONK

Starting Saturday, September 7th (9AM - 10AM)
OPEN To: 3rd Browns & Above (for 8 weeks!)

Starting Saturday, September 7th (12Noon - 1PM)
OPEN to: All Levels. (For 8 weeks!) Sept. & Oct.

Beginning Tuesday, September 3rd (7PM - 8PM)
OPEN To: 1st degree Black Belts & Above (4 Weeks!)

Sat., SEPTEMBER 14th Test/PreTest (9AM-12noon)
Sat., SEPT., 14th (12noon -4PM) Open to ALL Levels

- Immortal's CHI KAI PO AN SHO CHANG
Drunken Beggar's Broken Bowl & Frail Stick!



Sunday, September 29th (9AM - 1PM)
OPEN To: 1st Black & Above (for 1 Day ONLY!)



Brown Belts: Yen He' "Performing Swallow" FESTIVALS & SEMINARS

Black Belts: Shantung Hei Hu Chuan Sen - "Shantung Black Tiger Turns its Body"

- HSING I PAND LOONG CHIEN - WuDang Taoist Weapon
Entwine the Dragon Sword - Introducing Fa Jing Sword Skills
- **SALT LAKE CITY, UT ELDER MASTER ANNUAL VISIT
Shao-Lin TIE'H SAO - Monk's Iron Broom
- CHUE' CHIEN
Taoist 8 Immortals Drunken Double-edged Sword

Beginning Tuesday, Oct. 1st (7PM - 8PM)
OPEN To: 1st degree Black & Above (4 Weeks)

Sat., OCTOBER 5th Test/PreTest (9AM-12noon)
Sat., OCT., 5th (12noon -4PM) Open to ALL Levels

Sunday Oct. 20th (9AM - 12Noon)
OPEN to: Brown Belts & Above (1 Day ONLY!)



OCTOBER

Brown Belts: Lien Wu Chang "5 Directional Palm" - Shantung Whirling palms FESTIVALS & SEMINARS

Black Belts: Hei Hu Huan Sen - "Shantung Black Tiger Flips It's Body"

- O'MEI MOUNTAIN SCHOLAR'S NEEDLES -
Ancient Sung Dynasty Double Weapons
- DRAGON MEDITATION "Chi Kung"
- BLACK BELT PreTest / BROWN BELT TEST - DENVER
- ZHU DUN DaTAO yu Shuang Tou Pang -
- Bamboo Shield & Broadsword vs Staff!!!

Saturdays, beginning November 2nd 9AM - 10AM (for 5 weeks!)
Open to ALL Levels

Saturdays, beginning Nov. 2nd 12Noon-1PM (for 5 weeks!)

Sunday, November, 3rd (9AM - 1PM) Black Belt Panel Required!

Sun., Nov. 3rd (1PM - 6PM) @ Denver

Open to ALL Levels / All CSC students

- CHI HSING CHIEN
Dynamic 7 Star Sword
- Taoist 8 Immortals - LI TIEH KUAI
Iron Crutch Li - The Cripple Immortal



Beginning Tuesday, November 5th (7PM - 8PM)
OPEN To: 1st Black & Above (For 4 Weeks)

Sunday, Nov. 10th, 9am-12Noon (1 Day ONLY!)
OPEN To: Brown Belts & Above

- PANG vs. PANG PART II - 2 PERSON STAFF SET Class 1 of 2.
Exciting ADVANCED Double-End Staff 2-Person Set

Saturday, November 16th (10AM - 12Noon)
OPEN to: White Belts & Above @ Denver

- **BARCELONA, SPAIN ELDER MASTER ANNUAL VISIT
SHANTUNG HEI HU TAO - Ming Dynasty BLACK TIGER Broadsword

Sat., Nov. 30th Test/PreTest (9AM-12noon)
Sat., Nov. 30th (12noon -5PM) @ Barcelona

No classes Thursday, November 28th! Enjoy your Holiday! Classes resume Saturday 11/30!

Brown Belts: T'ie Cha "Iron Ruler - Double Sai form"

Black Belts: Shantung Hei Hu Shou Shang - "Shantung Black Tiger Wounded"

- CHUAN YANG CHIEN
Elegant Skewer the Sun Sword
- "Chung Kwei's IRON FAN Subdues the FIRE"
Another Secret Weapon of the Shaolin Temple



Beginning Tuesday, December 3rd (7PM - 8PM)
OPEN To: 1st Black & Above (For 4 Weeks)

Saturdays, beginning December 7th
9AM-10AM (for 4 weeks!) ALL Levels

- DRAGON MEDITATION "Chi Kung"

Saturdays, Dec. 7th 2nd 12Noon-1PM (4 weeks!)

- PANG vs. PANG PART II - 2 PERSON STAFF SET
Exciting ADVANCED Double-End Staff 2-Person Set

Saturday, December 14th (10AM - 12Noon)
OPEN to: White Belts & Above

- Han Hsiang Tze's SWORD & FLUTE Festival
Drunken Immortal's Double Weapon - The youngest of the 8 Immortals and also a musician

Sunday December 15th 9AM - 12Noon (1 Day ONLY!)
White Belts & Above



DECEMBER

No classes: Tuesday 24th & Wednesday 25th & Thursday 26th! Classes resume Saturday 12/28th! Classes will be held on Tuesday 12/31/2024

www.shao-lin.com

www.goshaolin.com