

# Shao-Lin Kung Fu & Tai Chi

## The Wind and Thunder Claws of Shen Loong

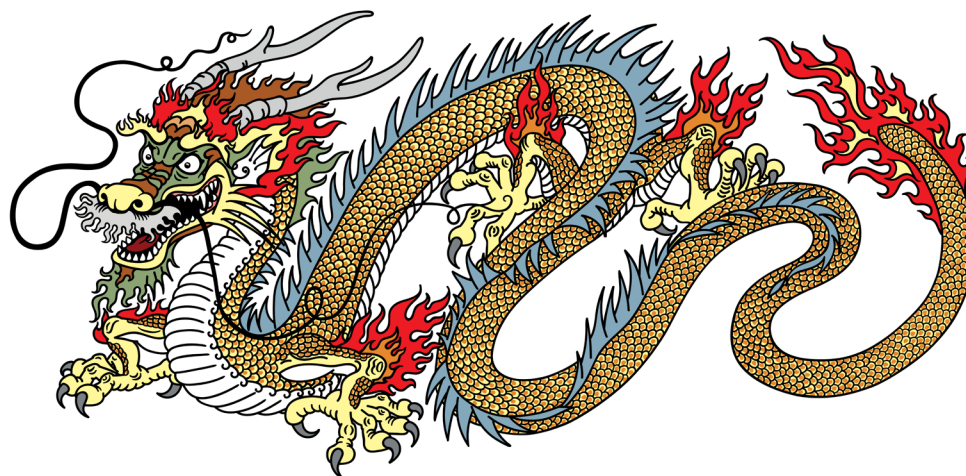
Spirit Dragon who controls the Wind and Rain

Sunday, August 18, 2019

2 PM - 8 PM

All Levels

Fee: \$80 - if paid by day of class  
\$100 - if paid after day of class



Dragon style from the Ground Dragon System  
at the Honan Shao-Lin Temple.

Ground Dragon combines the foundation  
energy from the earth with the spirit energy of  
the dragon who connects earth and heaven.

Shao-Lin Kung Fu & Tai Chi  
7174 Washington Street Suite C  
Denver, Colorado 80229

[goshaoLin.com](http://goshaoLin.com)

1-800-shaoLin

**Sunday  
8/18/19**

**Black Belt PreTest  
8am-12noon**

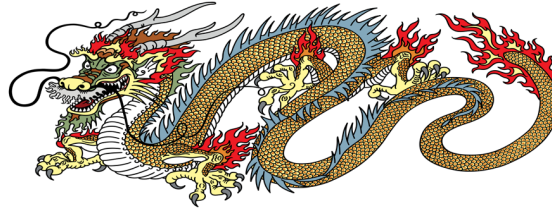
**Brown Belt TEST  
12noon-2pm**

**Location:  
DENVER School**

[www.goshaolin.com](http://www.goshaolin.com)

[www.shao-lin.com](http://www.shao-lin.com)

## **Shao-Lin GROUND DRAGON**



**SUNDAY 8/18/19 2PM @ Denver School  
ALL PreTesting & Testing to be HELD @ Denver School**

**Black Belt PreTEST – 8AM TO 12Noon**

**Brown Belt TEST - 12Noon – 2PM**

**BLACK UNIFORM W/ ALL PATCHES,  
WHITE JACKET/BLACK PANTS for 1<sup>st</sup> Blacks**

**BLACK BELT PANEL REQUIRED –  
SAME UNIFORM REQUIREMENTS AS ABOVE...  
PANEL TO BRING CLIPBOARD, PEN AND CHAIR**

**ALL FEES & BALANCES OWED MUST BE PAID UP-TO-DATE  
(to attend Festival or to Test)**

Not Liable for Personal Injury.

Attire: Complete Uniform with all Patches.

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功夫

**RESTUARANTS NEAR THE “TEST” & DENVER SCHOOL: 7174 N. Washington, Denver, Co 80229**

**Qdoba Mexican Grill** 10018 Grant St, Thornton, CO 80229 (303) 255-6860 Monday hours 10:30 am–10:00 pm

**Chipotle Mexican Grill** 815 Thornton Pkwy, Thornton, CO 80229 (303) 452-2722 Monday hours 11:00 am–10:00 pm

**Natural Grocers by Vitamin Cottage** [www.naturalgrocers.com](http://www.naturalgrocers.com) 11465 Washington St, Northglenn Monday hours 9:00 am–8:00 pm

**WaterCourse Foods** 837 E. 17th Ave, Denver, CO 80218 303-832-7313 Open Mon - Thur 11am - 10pm, Fri - Sun 8am - 10pm

**City, O’ City** 206 E. 13th Ave, Denver, CO 80203 303-831-6443 Open Mon - Fri 7am - 2am, Sat & Sun 8am - 2am

**Tokyo Joe’s Westminster** 1005 west 120th Ave. Westminster, co 80234 phone 303.255.4828 mon-fri 10:45-9:05, sat & sun 11-9:05

**Pho 15** 655 East 70<sup>th</sup> Ave @ Washington (1 Block from the school) 303.975.6783 Open until 8pm. Closed Sundays

**Panda Garden** 9682 Washington St., Thornton, CO 303.450.1239

**Beet Box Bakery & Café** VEGAN 1030 E 22nd Ave (at San Raphael neighborhood), Denver, Colorado 303.861.0017 7am-6pm Mon-Sun

**Vital Root** 3915 Tennyson St, Denver, Colorado 303.474.4131 Tue-Thu 8:00am-9:00pm, Fri-Sat 8:00am-10:00pm, Sun 8:00am-9:00pm

**Jerusalem** 1890 E Evans Ave (at S High St), Denver, Colorado ...303.777.8828 Mon-Thu 9:00am-4:00am, Fri-Sat 9:00am-5:00am, Sun 9:00am-4:00am

**Native Foods Café** VEGAN ... 680 S Colorado Blvd, Glendale, CO 80246 303.758.3440 Hours 11:00 AM - 10:00 PM

**HOTELS NEAR THE “TEST” & DENVER SCHOOL: 7174 N. Washington, Denver, Co 80229**

**Crossland Denver - Thornton** 8750 Grant St, Thornton, CO 2.0 mi N 5 minutes (303) 430-4474 · [crosslandstudios.com](http://crosslandstudios.com)

**Comfort Inn Central** 401 E 58th Ave, Denver, CO 1.7 mi S 4 minutes (303) 297-1717 [comfortinn.com](http://comfortinn.com)

**Super 8 Denver/I-25 & 58th Ave.** 5888 Broadway, Denver, CO 2.14 mi S 4 minutes (303) 296-3100 [super8.com](http://super8.com)

**Quality Inn Central** 200 W 48th Ave, Denver, CO 3.42 mi S 5 minutes (303) 296-4000 · [qualityinndenver.com](http://qualityinndenver.com)

**Motel 6** 6 W 83rd Pl, Thornton, CO 2.15 mi N 5 minutes (303) 429-1550 [motel6.com](http://motel6.com)

**Quality Inn Central** 200 W 48th Ave, Denver, CO 3.42 mi S 5 minutes (303) 296-4000 · [qualityinndenver.com](http://qualityinndenver.com)

**La Quinta Inn Denver Northglenn** 345 W 120th Ave, Westminster, CO 6.59 mi N 10 minutes (303) 252-9800 · [lq.com](http://lq.com)

**Sleep Inn** 12101 Grant St, Thornton, CO 7 mi N 12 minutes (303) 280-9818 · [sleepinn.com](http://sleepinn.com)

**Hampton Inn Denver - North/Thornton** 243 E 120th Ave, Thornton, CO 6.71 mi N 10 minutes (303) 451-7900 · [hamptoninn.hilton.com](http://hamptoninn.hilton.com)

**Fairfield Inn & Suites Denver North/Westminster** 12080 Melody Dr, Westminster, CO 6.285 mi N 11 minutes (303) 255-3100 [marriott.com](http://marriott.com)