



SHAO-LINKUNG FU & TAICHI

www.shao-lin.com "tentative" Class Schedule www.goshaolin.com

2025 JAN FEB MAR APR 2025

All Events to be held at DENVER SCHOOL unless otherwise noted!



JANUARY

Brown Belts: Chie Ch'ien (Connecting Fist) Shantung Whirling Palms

Black Belts: Hei He' Shou Chao (Black Crane Defends the Nest) / Endurance Punch & Kick Month

FESTIVALS & SEMINARS

- **HSIN I CH'UAN – Heart-Will Fist** \$70/\$50 Repeat-\$40 Starting Sat., January 4th (9AM – 10AM)
(General Yueh Fei's Dynamic/Lightning Fast Hidden Art) Open to: Brown Belts & Above (for 4 weeks!)
- **YIN/YANG STRETCHING & CONDITIONING** \$60/\$40 – Repeat - \$30 Saturday, January 11th, 10am-12noon
"Positive and Negative Training" OPEN To: White Belts & Above (1 Day ONLY!)
- **HSIANG CHUNG LI – Pa Hsien** - The Stomping Immortal \$70/\$50 Repeat-\$40 Sunday, January 26th (9AM – 12Noon)
(Taoist 8 Immortals – Intro to Dynamic Fa Jing Skills) OPEN To: Brown Belts & Above (1 Day ONLY!)



FEBRUARY

Brown Belts: Pai Hao Chuan Tse (White Crane Circles Wings)

Pai Hao Huan Tse (White Crane Flips Wings)

Black Belts: Yang Chia Tai Chi Ch'uan (Classical Yang Family Tai Chi Ch'uan)

FESTIVALS & SEMINARS

- **General Yueh Fei's HSIN I CHIEN** \$70/\$50 – Repeat - \$40 Beginning Sat., February 1st, 9am-10am (For 4 Weeks!)
12 Roads / 10 Animals Heart Will 2-Handed Sword OPEN To: Brown Belts & Above
- **WEAPONS DEFENSE CLASS** \$50/\$30 Repeat-\$25 Saturday, February 8th 10AM-11AM
(Learn the practical skills to defend yourself) Knife & Gun counter techniques OPEN To: White Belts & Above (1 Day ONLY!)
- **TIEN HSUI – 18 "Hit the BronzeMan"** \$70/\$50 Repeat-\$40 Sunday, February 16th 10am – 12noon
Dim Mak with Solutions – Seriously Injured Points 4th Blacks & Above (1 Day ONLY!)



MARCH

Brown Belts: Pai Hao Huan Chiao (White Crane Flips Legs)

Black Belts: Yang Chia Tai Chi Ch'uan (Classical Yang Family Tai Chi Ch'uan)

FESTIVALS & SEMINARS

- **YANG CHIA TAI CHI TAO** - 38 Posture Form \$70/\$50 Repeat-\$40 Starting Saturday, March 1st (9AM – 10AM)
Rare & Famous Yang Family Tai Chi Broadsword OPEN To: Brown Belts & Above (for 4 weeks)
- **TECHNICAL PUNCH & KICK CLASS** \$50/\$30 Repeat-\$25 Saturday, March 8th 10AM-11AM
Focus/Power/Skill OPEN To: White Belts & Above (1 Day ONLY!)
- **BLACK BELT PRETEST** Saturday, March 29th, 9am-1pm (Senior Black Belt Panel Required)
- **BROWN BELT TEST** Saturday, March 29th, 11am-1pm (Black Belt Panel Required)



- **Denver - To Be Announced: BEST Kung Fu Festival EVER!** (\$125/\$100) Saturday, March 29th, 2pm-6pm



APRIL

Brown Belts: Ching Kang Fu Hu Ch'ien (Golden Mountain Tiger Form)

Black Belts: Tai Chi/PaKua Blindfold PushHands w Applications / Chin Na / Ie Pu Tui Ta / Ie Pu Fa Shu

FESTIVALS & SEMINARS

- **YANG CHIA TAI CHI TAO TUE TA** \$70/\$50 Repeat-\$40 Starting Saturday, April 5th (9AM – 10AM)
Yang Family Tai Chi Broadsword "Push-Hands" 2-Person Internal Weapon Fighting Set OPEN To: Brown Belts & Above (for 4 weeks)
- **Lan T'sai He' SWORD & BASKET Festival** \$70/\$50 Repeat-\$40 Saturday, April 5th 10AM – 12Noon (1 Day ONLY!)
Drunken Immortal's Double Weapon - Lan Tsai Ho carries a flower bouquet and can make flowers bloom instantly.
They are associated with lightheartedness, a carefree mind, and longevity. Open to: White Belts & Above
- **TIEN HSUI – 36 "Hit the BronzeMan"** \$70/\$50 Repeat-\$40 Sunday, April 13th 9am – 12noon
Dim Mak with Solutions 4th Blacks & Above (1 Day ONLY!)



- **ALBUQUERQUE ELDER MASTER VISIT** \$125/\$100 - \$50 Sat., April 26th, Test/Pretest 9am-1pm
- **SNAKE PA KUA - TWIN DAGGERS Festival** Sat., April 26th @ 1pm-6pm OPEN to: All Students

