



Before Tai Chi there was...

Wudang Mian Quan

Wudang Cotton Fist



Rare Taoist Internal Form

Saturday, March 28, 2026

2pm - 6pm

Fee \$100

Black Belt Pretest 9am - 1pm

Black Belt Panel Required for Pretest and Test

Brown Belt Test 11am - 1pm

Chinese Shao-Lin Center

shao-lin.com

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Denver, CO 80229

1-800-shaolin