### 中國少林武藝中心

## SHAO-LIN KUNG FU & TAI CHI

OPEN to: WHITE BELTS and Above

# SINGLE NUNCHAKU Form



Er Chie Kuen Training and Conditioning

Tien Ta Er Chie Kuen



### 2-Sectional Stick Shakes the Heavens

Exciting Sgl Nunchaku Form with Hand & Foot Strikes, and Ground Techniques

Saturday MAY 18<sup>th</sup>, 2024 @ DENVER



10AM - 12Noon

#### ONE DAY ONLY!!!



**OPEN to: White Belts & Above** 

Festival REQUIRED for advancement to 1st degree Black Belt... and Above!

Also "Required" on PreTests to 2<sup>nd</sup> Black & Above!!! (FYI: You can PreTest "Early" immediately following the Festival)

This Exciting Weapons Class Is Taught Only Once Each Year... Don't Miss Out!

CLASS FEE - \$60 (Day of Class) Repeat attendance (\$30) EARLYBIRD/WebSite FEE - \$40 (Prior to day of Class)

www.shao-lin.com

Remember to Bring: One (1) pair of Nunchakus

(Available for purchase at your school – Forearm & Knee Pads also available))

Sr Elder Master David

#### PLEASE SIGN UP AND PAY FEE TO INSTRUCTORS

not liable for personal injury – Attire: Complete Uniform w/all Patches! Sr Elder Master Sharon

邵大德



7174 Washington St., Denver, Colorado 80229 U.S.A. 303/455-4088

www.goshaolin.com

